

GETTING CONNECTED
EMOTIONAL SUPPORT RESOURCES
FOR MUSLIMS

NASEEHA - MUSLIM YOUTH HOTLINE

*11am - 8pm CST

Call/Text: 1-866-627-3342

NISA - MUSLIM WOMEN HOTLINE

*9am - 9pm CST

Call: 1-866-315-6472

KHALIL CENTER CRISIS LINE

*hours vary daily: khalilcenter.com/crises-helpline

Call: 1-855-543-5752

SUICIDE PREVENTION LIFELINE

Call: 1-800-273-8255

CRISIS TEXTLINE

741-741

TREVOR LGBTQ+ LIFELINE

Call: 1-866-488-7386



Provided for informational purposes only. Rattle the Stars does not provide suicide crisis support services. If you need support, please contact one of these hotlines.